



FREQUENTLY ASKED QUESTIONS

ALL ABOUT THE DEPO SHOT

QUESTION

I got my depo shot, when does my protection against getting pregnant start?

ANSWER

Your first depo shot takes 7 days to be effective. If you get your shots on time after the first shot, you are protected against an unplanned pregnancy.



QUESTION

I forgot when my next shot is due, how do I figure out if my shot is late and if I'm still protected?

ANSWER

If you know when you received your previous Depo shot, you can check [this calendar](#) out to determine the due date window for your next shot.



QUESTION

I'm on the shot but I'm having some bleeding and it's not like regular period bleeding, at first I didn't have a period, could I be pregnant?

ANSWER

It is not unusual to have some irregular bleeding with Depo . If you have received your shot on time, you are not at risk of pregnancy.



QUESTION

I think I missed my Depo shot and I had unprotected sex, could I be pregnant?

ANSWER

If you did not get your shot on time you are at risk for pregnancy. You can do a home pregnancy test or contact your doctor or Corner Health Center.



QUESTION

I'm using Depo for birth control and I get my shots on time, but I haven't had a period, am I pregnant?

ANSWER

Depo can cause periods to become irregular and for many women they stop completely. If you have received every shot on time, you should be protected. If not, you should take a pregnancy test.

