

Expecting A Baby, But Not Sure What To Expect During Labor Or Delivery?

Our Sweet Pea Birthing Class

Will Get You Ready!



- ❖ Find out about the different stages of labor and what to expect in each stage.
- ❖ Learn when you should go to the hospital and what to take with you.
- ❖ Explore different options for comfort and pain relief.
- ❖ Discuss how to talk to medical care providers about your birthing preferences.
- ❖ Find out about the first few weeks home with baby.

Upcoming Class:

June 10, 2019 @ 4-7 pm

RSVP
to Kate
734-714-2314

Class is held @ The Corner Health Center 47 N. Huron Ypsilanti.
Please feel free to bring your partner, friend or family member.

Free gift for coming! Pizza & dessert!

