

Mom Power

A 10-week program for you and your kids!

- Who:** Moms (under age 26) and their kids ages 0-6
- What:** A 10-week parenting program
- Where:** The Corner Health Center: 47 N Huron Dr. Ypsilanti
- When:** Mondays Sept. 16th – Nov. 18th 2019; 12:30 pm to 3:15 pm



Why Mom Power?

- Learn parenting skills and tools to help with stress
- Share your parenting goals, successes, and challenges
- Food and childcare provided at weekly sessions
- Learn more effective responses for your child's challenging behaviors
- Have fun with your kids and other families
- Earn free stuff
- Transportation provided if you need it

To learn more or sign up, contact Nicole Bongers at (734) 714-2226 or nbongers@cornerhealth.org. Space is limited. Registration is required.

Presented by:



Washtenaw County
Health Department

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